

19/20

Annual Report

ARC MANOR

Our Mission:

ARC Manor is a collaborative agency committed to effective addiction treatment and education. ARC Manor strives to enhance the quality of life and health of individuals, families, and communities.

ARC Manor
200 Oak Avenue
Kittanning, PA 16201

800-323-1333
recover@arcmanor.org
arcmanor.org



Our Services

- Licensed Programs including:
 - Residential
 - Partial Hospital
 - Intensive Outpatient
 - Outpatient Treatment
 - Nurse Navigator
 - Medication-Assisted Treatment
 - School-Based Adolescent Treatment
 - Gambling Treatment
 - DUI Programming
- Confidential & Quality Services 24-hours a day
- Forty-Five Years of Experience in Addiction Services
- Knowledge of the Needs of Special Populations Including: Co-Occurring Physical & Behavioral Health; Criminal Offenders; Veterans; Women, and Adolescents.
- Professional, Caring, Qualified, & Certified Staff

Service Locations Include:

- 200 Oak Avenue, Kittanning, PA
- 116 Main Street, Leechburg, PA
- 102 South Street, New Bethlehem, PA



Our Personnel

Executive Team

Michael Watterson, Psy.D.-Executive Director
Connie Choncek, CPA, M.B.A.-Chief Fiscal Officer
Cari Harmon, M.H.A., CADC-Clinical Director

Administrative Assistant Staff

Chris Mohney, B.S.
Cheyenne McIntyre
Jenelle Fotheringham
Marissa Laake
Breanna Hough, A.A.

Treatment Specialists

Jerica Yanik, B.A., CADC
Mandy Moser, M.S., CAADC
Jody Mortimer, M.A., CCM, CAADC
Nicole Colwell, M.S.
Breanna Novick, M.A.
Stacey Cecconi, B.A., CRS

Nurse Navigator

Lori Gehenio, B.S.N., RN

Clinical Assistants

Lauri Strotman, C.R.S.-Lead Clinical Assistant
Valerie Young, C.R.S.
Roger Miller, C.R.S.
Amanda Newbould
Cassandra Lamison
Julia Borgne
Sherrie Peterson, B.A., C.R.S.

Intervention Staff

Scott Patterson, B.A.-DUI Coordinator
Jill Neiswonger, M.S.-CRN Evaluator and DUI Instructor

Medical Staff/Consultants

Clifford Vogán, M.D.
Grace McGorrian, M.D.



ARC Manor Board of Directors

Liz White, President
Secretary/Treasurer, White Enterprises

Jackie Peters, Secretary
Armstrong CYF Supervisor

Sheree Shafer, Vice President
CRNP, Children's Community Pediatrics

Lee Walker, Treasurer
Registered Nurse



Tim Lehner
Marketing Coordinator/Designer, ACMH Hospital

Bradley Toy
Senior Vice-President, NexTier Bank

Jody Mortimer
Staff Representative, Treatment Specialist, ARC Manor

Nina Fulton
School Counselor, Freeport Senior High School

Dean Bryan
Behavior Specialist Consultant, Family Psychological

Gloria Carney
Recovery Ministries Coordinator, Salvation Army

Peggy Jo Revay
Accountant, Maher Duessel

Executive Director's Message

Mike Watterson

When reflecting on the past year, I notice the resiliency of our community during incredibly difficult times. There were many factors that affected what we were able to offer and how these services were delivered. I want to thank our staff and board, who were able to adapt to these barriers quickly so that we could find alternative ways to provide treatment. We have seen the significant impact that both the opioid epidemic and the pandemic had on our community. We are ready to offer help to those in need as we continue to evolve and grow. Despite these terrible times, I am excited to be part of a team that perseveres, finding strength during a storm to focus on the needs of others, and always striving to do better.



Our Accomplishments



Intervention Services

- ARC Manor's phone answers 24-hours a day, 7 days a week, offering the community a warm-line service.
- This fiscal year, ARC Manor staff completed 965 screenings to engage clients in treatment.
- ARC Manor continues to manage the DUI Program for the Armstrong County Court of Common Pleas. This fiscal year, 300 evaluations were provided to people arrested for driving under the influence of alcohol or other substances and 189 individuals attended the Highway Safe Driving Education Program.

Treatment Services

ARC Manor provided multiple treatment programs for individuals struggling with substance use disorders of any severity in our Kittanning and Leechburg locations. Over the 2019-2020 fiscal year, the following numbers reflect the accomplishments for each program:

Program	# of Clients	# of Services
Residential	154	3,327 Days
Partial Hospital	54	2,086 Hours
Intensive Outpatient	98	3,278 Hours
Kittanning Outpatient	290	2,903 Hours
Leechburg Outpatient	33	233 Hours
South Bethlehem Outpatient	0	0
Medication Assisted Treatment	36	106 Hours

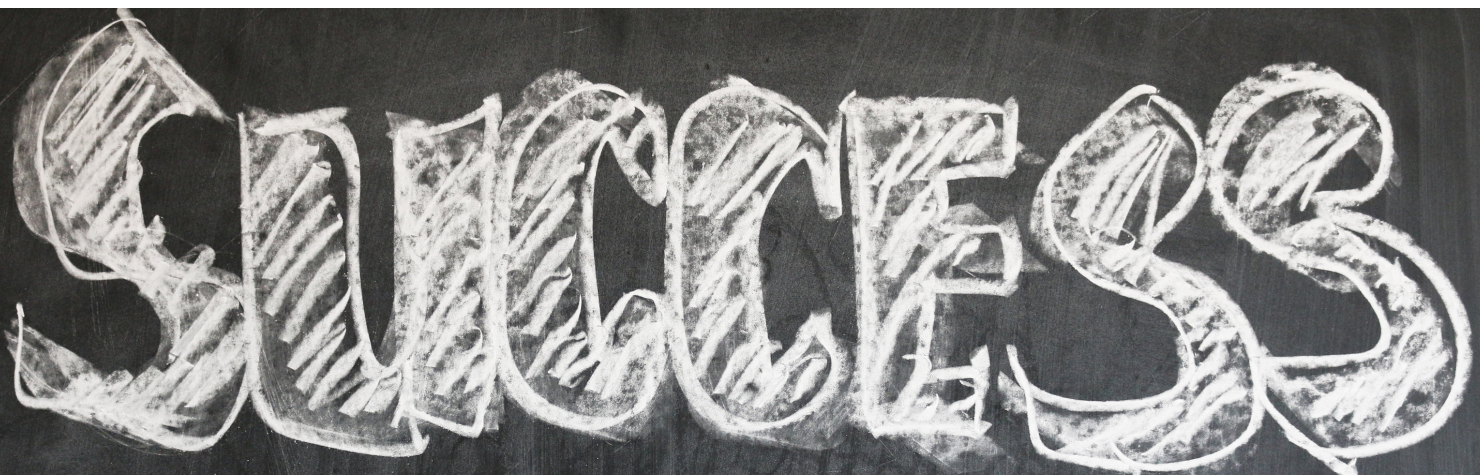
Treatment Highlights

New Programs and Services

- ARC Manor was able to begin offering Gambling Treatment Services to individuals struggling with compulsive or problem gambling. Jerica Yanik, BA, CADC, Treatment Specialist at ARC Manor, obtained her Certificate of Competency in Problem Gambling.
- ARC Manor also partnered with UPMC Children's Community Pediatric, Armstrong-Indiana-Clarion Drug and Alcohol Commission, and ACMH for the SMART Choices program which focuses on increasing screening and treatment referrals for adolescents. Nikki Colwell, MS, Treatment Specialist at ARC Manor, is the counselor that offers treatment through this program as well as the school-based adolescent program.
- ARC Manor also was able to quickly adapt to the needs of the community when the pandemic began, offering telehealth options for treatment as well as developing a hybrid model for groups.

Client Outcomes

- 73% of respondents reported that they would refer a friend in need to ARC Manor.
- On follow-up surveys, 86% of respondents reported no substance use after one month and 61% reported no substance use after 6 months.
- On follow-up surveys, 70% of respondents reported improvement in their quality of life, including areas such as relationships, physical health, mental health, and work/school.



Financial Statement

Fiscal Year 2019-2020

Revenue

Single County Authority	
Armstrong/Indiana/Clarion (includes PCCD, ACT 152, & Enhanced Funds)	\$ 177,341
Other SCA's	13,342
Client Fees	40,818
United Way	2,813
Human Services Development Fund (Armstrong County)	8,755
Beacon Health Options	858,005
Community Care Behavioral Health & Other Medical Assistance	107,232
Private Insurance	123,343
Intervention Income (Includes Act 198)	79,781
Reinvestment Plans	1,132
Donations	6,233
Grants	171,323
Other Income	9,658
Interest	37

Total Revenue **\$ 1,599,812**

Expenses

Salaries	\$ 749,818
Benefits	269,207
Building Renovation Expenses	89,000
Depreciation Expense	9,446
Staff Development	5,431
Consultant Expenses	8,708
Occupancy Expenses	50,974
Insurance	8,668
Communications	22,265
Program Supplies	14,448
Purchased Client-Oriented Services	58,248
Client Transportation Expenses	10,378
Food Expense	38,804
Medical Supplies and Drugs	15,661
Equipment Maintenance	50,623
Meeting Expense	397
Minor Equipment/Furniture	519
Office Supplies	4,307
Other Expenses	29,767
Staff Travel	1,991
Vehicle Maintenance Expense	2,885

Total Expenses **\$ 1,441,545**

Net Income **\$ 158,267**

*Financial statement as of September, 17, 2020. This is an un-audited financial statement.
A full audit will be available upon completion.*

Eligibility for ARC Manor Programs is open to anyone who has a problem with alcohol and other drugs or is impacted by substance abuse. No one is discriminated against on the basis of age, race, creed, sex, ethnicity, color, national origin, marital status, sexual orientation, handicap or religion.

ARC Manor's priority populations include:

Pregnant injection drug users,
Pregnant substance abusers,
Injection drug users,
Individuals who have overdosed,
Veterans,
and

All others: adolescents, co-occurring, clients with severe medical issues, and/or clients individually reviewed by the primary Case Manager and the Case Management Supervisor or Executive Director and deemed appropriate for priority population status

ARC Manor is licensed by the Department of Drug and Alcohol Programs, Division of Program Licensing, and is funded, in part, under a contract with the Pennsylvania Department of Drug and Alcohol Programs.

ARC Manor is also funded in part by the Armstrong-Indiana-Clarion Drug and Alcohol Commission, the Armstrong County United Way, the Armstrong County Commissioners through a grant from the Human Services Development Fund, private grants, fees, and community donations.



United Way



pennsylvania

**DEPARTMENT OF DRUG AND
ALCOHOL PROGRAMS**

