



ARC Manor News

FALL 2006

ANNUAL REPORT FISCAL YEAR 2005-2006

Executive Director's Message

MORE MORE MORE

In an informal survey of staff, the theme for the Fiscal Year 05-06 was MORE. More clients, more paperwork, more regulations, more serious drugs, and a more frantic pace.

The good news of the "more" year is that huge numbers of people sought treatment and more people were helped. For the first time in the history of ARC Manor, we served over 1000 people in treatment in a single year.

The bad news of the "more" year is that ARC Manor was faced with more serious addiction problems. Poly-drug use has become the norm, heroin problems are rampant, and cocaine has reemerged as a major drug of choice.

The challenge in treatment over the past year has been to maintain the focus on recovery while managing the regulatory and contractual demands. In addition to the increase in clients, treatment and intervention staff have had to cope with more paperwork and more regulations! The staff have done a fabulous job and they deserve congratulations. (Continued on page two)

TREATMENT SERVICES

CORE TREATMENT PROGRAMS SURPASSED EXPECTATIONS

ARC Manor continued to provide four major treatment programs for people with drug and alcohol abuse and addiction problems.

Program	# of Clients	# of Services
Residential	185	2693 days
Partial Hospital	157	4836 hours
Intensive Outpatient	184	7134 hours
Outpatient	695	6112 hours
Total	1221	

SPECIAL POPULATIONS

ARC Manor is responsive to the needs of our clients. Specialized programs have been developed and offered for the following populations: Opiate Dependent Individuals, Adolescent Abusers/Addicts, Women Addicts, Criminal Offenders, and people with Co-Occurring Disorders (mental illness and substance abuse).

DEMOGRAPHIC TRENDS

*The average age of people in treatment is declining. More than half of the clients in treatment are under the age of 29.

Program	Age	% of total client population
Residential	18-29	55%
Partial Hospital	18-29	55%
Intensive Outpatient	18-29	53%
Outpatient	13-29	47%

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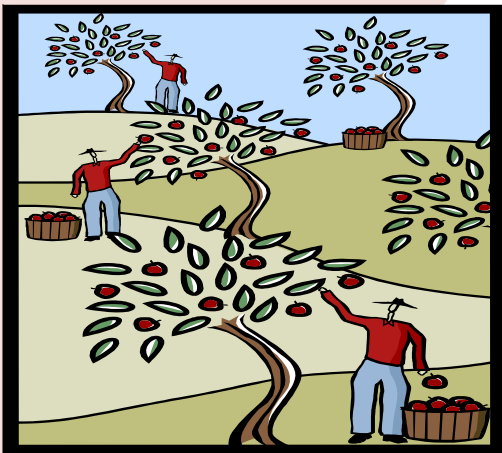


Executive Director's Message

(continued from first page)

So, in conclusion, FY 05-06 was an incredibly busy year. We are grateful for the support of the community and we are proud of the work we do in preventing and treating substance abuse and addiction.

Kay Detrick Owen, MA



TREATMENT (continued from first page)

- * Three percent of the clients in treatment are minorities. This is a disproportionate number since less than 1% of the county population are minorities.
- * The percentage of females in treatment is increasing. For fiscal year 05-06, 35% of the clients were women. This is a five percent increase over the previous year.

ACHIEVED HIGH SATISFACTION RATINGS

ARC Manor utilizes a validated and standardized questionnaire to measure client satisfaction. ARC Manor's average score of 26.40 on the Client Satisfaction Questionnaire exceeded the national average score.

SUCCESSFUL OUTCOMES

Results of contacting a sample of clients one month after discharge reveal that 72.4% report not using substances. At the six month mark 60% reported abstinence as did 66% at the twelve month mark.

MAINTAINED HIGH RATINGS

ARC Manor achieved full licensure for all treatment services at the main Oak Avenue location in Kittanning and the Leechburg Satellite location. The agency is licensed by the Bureau of Community Standards, Division of Drug and Alcohol Licensing, Pennsylvania Department of Health. ARC Manor is highly regarded by the state drug and alcohol division and is often used as a training site for licensing representatives.

INTERVENTION SERVICES

RESPONDED TO PEOPLE IN CRISIS

Through our 24-hour hotline, ARC Manor staff responded to 1157 crisis calls. An additional 165 people walked in off the streets seeking help for their drug and alcohol problem. The goal of the crisis service is to assist people with the immediate situation and then to encourage them to seek treatment as a longer term solution.

MANAGED DUI SERVICES FOR COUNTY COURT

FY 05-06 was the twentieth year that ARC Manor managed the DUI program for the Armstrong County Court of Common Pleas. Evaluations were provided to 317 people arrested for driving under the influence and 247 offenders attended the Safe Driving Education Program.

JAIL COUNSELING PROGRAM

ARC Manor staff provided 2307.5 hours of assessment, emergency services, and counseling at the Armstrong County Jail. Funding for this program is from the Armstrong County Commissioners and the Human Service Development Fund.



PREVENTION SERVICES

CONDUCTED EVIDENCE BASED PROGRAMS

In planning prevention services for the community, ARC Manor prevention staff focused on programs that are based on research and have evidence of their effectiveness. Some of these programs included Life Skills Training, Parents Who Care, Preparing for the Drug-Free Years, Preparing for School Success, Communities That Care, Too Good for Drugs, and Creating Lasting Family Connections. The numbers reached for several of the programs are listed below:

Life Skills	518 youth
Too Good For Drugs	305 youth
Creating Lasting Family Connections	235 youth
Creating Lasting Family Connections	234 parents

TOBACCO PREVENTION AND CESSATION SERVICES

The tobacco cessation program provided 388 hours and 260 prevention awareness programs. Programs included the Smoke-Free for Life smoking cessation curriculum, Clean Air for Healthy People physician trainings, teen cessation facilitator training, Kick Butt's Day Initiative "Shoe Campaign", workplace cessation and a prenatal cessation rewards initiative.

REALITY TOUR

ARC Manor was proud to be the managing agency for the The Reality Tour©, an innovative drug prevention and awareness program that takes the attendee into the life of a teen on heroin from arrest and imprisonment to overdose and death. This prevention program is sponsored by the Armstrong County District Attorney Scott Andreassi, ACMH Foundation, Armstrong-Indiana Drug and Alcohol Commission, Armstrong School District Foundation, Armstrong School District Drug Free Schools Program, and ARC Manor. With the help of 55 volunteers, ARC Manor presented The Reality Tour© to 485 people during fiscal year 05-06.

COMMUNITIES THAT CARE

Armstrong County Communities That Care (CTC) had several significant achievements during fiscal year 05-06. Achievements included the publication of the 2004 Adolescent Risk and Resource Assessment and the development of a long-term sustainability plan that will help CTC sustain not only financial support in Armstrong County, but will also help sustain the CTC process in the county. Armstrong County CTC was awarded a sustainability grant from Pennsylvania Commission on Crime and Delinquency (PCCD). Armstrong County CTC was one of 30 sites selected for funding out of over 70 across the state that was awarded funds for fiscal year 2006/2007.

PREVENTION OUTREACH

Other major prevention services reached large numbers of the community. Five hundred thirty-five adult community members, social service providers, and educators received Alcohol, Tobacco and Other Drug training and 911 youth participated in drug and alcohol-free activities.

ARC MANOR BOARD OF DIRECTORS

President: **Chase McClister** • Vice-President: **Steve Bono, DDS**

Secretary: **Sheree Shafer** • Treasurer: **Frank Shumaker**

Bonnie Dulany * **Allen Lockard** * **Carl Lytle**

Mona Rupert * **Beverly Steffey** * **Rich Trinclisti**

Brian Trudgen * **Liz White**

Kay Detrick Owen - Executive Director

ARC Manor Newsletter Staff:
Denise Marano and Sheila Knell

We regret any errors or omissions. Treatment statistics may contain errors due to data collection issues and electronic system capabilities.

Eligibility for ARC Manor programs is open to anyone who has a problem with alcohol or other drugs or is affected by substance abuse. No one is discriminated against on the basis of age, race, creed, sex, ethnicity, color, national origin, marital status, sexual orientation, handicap or religion.


ARC Manor is licensed by the Bureau of Community Program Standards, Division of Drug and Alcohol Licensing, Pennsylvania Department of Health, and is funded by the Armstrong-Indiana Drug and Alcohol Commission through a grant from the Bureau of Drug and Alcohol Programs, Pennsylvania Department of Health, the Armstrong County United Way, the Westmoreland County United Way, the Armstrong County Commissioners through a grant from the Human Services Development Fund, private grants, fees, and community donations.

This project is funded, in part under a contract with the Department of Health, Bureau of Drug and Alcohol Programs, Commonwealth of Pennsylvania and the Armstrong/Indiana Drug and Alcohol Commission, Inc. Basic data for use in this study were supplied by the Pennsylvania Department of Health, Harrisburg, Pennsylvania. The Department of Health, Bureau of Drug and Alcohol Programs and the Armstrong/Indiana Drug and Alcohol Commission, Inc. specifically disclaim responsibility for any analyses, interpretations, or conclusions herein.

OurMission

ARC Manor is a nonprofit agency that is committed to prevention, education, intervention and treatment of abuse and addiction to alcohol and other drugs.

Our mission is to provide affordable, high quality, timely services that enhance the quality of life for individuals, families and the community.

A United Way Agency 

Robert S. Muscalus, D.O.,
Secretary of Health

Governor

Edward G. Rendell

DEPARTMENT OF
HEALTH

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ADDICTION RECOVERY CENTER

ARC
MANOR



ARMSTRONG COUNTY COUNCIL ON ALCOHOL AND OTHER DRUGS, INC.
STATEMENT OF REVENUE AND EXPENDITURES -- GENERAL FUND
FOR THE YEAR ENDED JUNE 30, 2005

REVENUE:

Single County Authority:	
Armstrong - Indiana (includes PCCD & reinvestment funds)	\$452,917
Other SCAs	\$1,580
Medical Assist., Act 152	\$141,512
Client Fees	\$87,335
DUI Fees	\$74,707
Office of Vocational Rehabilitation	\$26,531
United Way	\$15,933
Human Service Development Fund	
Armstrong County	\$43,469
Value Behavioral Health	\$311,787
Medical Assistance	\$536
Miscellaneous	\$17,130
Private Insurance	\$9,230
Intermediate Punishment Programs	\$3,874
Jail Counseling	\$71,340
ACT 198	\$16,005
Tobacco Control Program	\$32,175
CTC Grant	\$50,855
Creating Lasting Family Connections Grant	\$38,047
Margaret Patton Grant	\$5,000
State Incentive Grant	\$34,740
Donations	\$7,980
Highmark Grant	<u>\$6,000</u>
Total Revenue	\$1,448,685

EXPENSES:

Salaries	\$770,535
Benefits	\$275,736
Staff Development	\$4,670
Meeting and Conference	\$2,751
Consultant	\$6,097
Miscellaneous Personnel	\$628
Occupancy	\$61,749
Insurance	\$3,526
Communications	\$30,216
Office Supplies	\$15,528
Minor Equipment and Furniture	\$393
Medical Supplies and Drugs	\$11,311
Food	\$16,768
Program Supplies	\$32,478
Staff Travel	\$9,273
Client Transport	\$9,457
Purchased Client Oriented Services	\$54,448
Equipment Maintenance	\$8,207
Motor Vehicle Maintenance	\$2,246
Other Operating Expenses	<u>\$10,329</u>
Total Expenditures	\$1,326,348

Financial Statement as of August 15, 2006.
This is an unaudited financial statement. A full audit will be available upon completion.

ARC MANOR BOARD OF DIRECTORS

Chase McClister, President
Attorney
Kittanning PA

Bonnie Dulany
Treatment Specialist
ARC Manor
Kittanning PA

Beverly Steffey
Office Manager
Manor Minerals
Kittanning PA

Steve Bono, DDS, Vice-President
Dentist, Family Dentistry
Kittanning PA

Allen Lockard
Chief Executive Officer
Elderton State Bank
Elderton PA

Rich Trinclisti
Retired, United Mine
Workers
Apollo PA

Frank Shumaker, Treasurer
Deputy Sheriff, Armstrong County
Kittanning PA

Carl Lytle
Retired, U.S. Air Force
Adrian PA

Brian Trudgen
Attorney
Thorpe, Reed &
Armstrong
Pittsburgh PA

Sheree Shafer, Secretary
Nurse Practitioner
Children's Community Care
Kittanning PA

Mona Rupert
Vice President of Clinical Services
Armstrong County Memorial Hospital
Kittanning PA

Liz White
Secretary/Treasurer
White Enterprises
Kittanning PA

ARC Manor Personnel

Executive Team

Kay Detrick Owen, M.A., Executive Director
Jill L. Pless, B.A., C.A.C., Assistant Director
Donald Goldstrohm, B.S., Chief Financial Officer
Amy Solman, M.A., C.A.C., L.P.C., Clinical Director
Cindy McCrea, L.S.W., C.C.J.P., Jail Program Supervisor

Treatment Specialists

Bonnie Dulany, B.A., C.A.C.
Michael Watterson, B.A., A.A.C.I.
Janetta Thomas, B.A., A.A.C. II
Derrick Bowser, M.A., C.A.C.
Susan Zalenski, B.A., A.A.C.I
Jill Lamison, L.S.W.
Steve Olish, M.A.
Cari-Marie Harmon, B.A.
Anna Shuster, B.A.

Prevention/Intervention Staff

Denise Marano, M.S.W., A.P.S. II
Linda Courson
Kathy Velcko, B.S.
Robert French
Sheila Knell, B.S.
Amanda Cochran, B.S., A.P.S. II
Scott Patterson, B.A.
Tori Hilty
Jeff Waltman, B.A.
Fred Neal, B.S.
Rodney Miller, B.A

Fiscal Staff

Beverly Boarts
Janice Mechling

Consulting Staff

Clifford Vogan, M.D.
Tejal Bhojak, M.D.

Clinical Assistants

Barb Rimmel
Carol Hodak
Nancy Willyard
Sonya Kennedy
Melody Little
Patty Wilson
Barb Burton
Laurie Blackman

Custodial Workers

Domenic Cesare
Paul Harmon
Kevin Willyard

Clerical Staff

Carol Snyder
Davonna Clyde
Anna Mieszkowski

Foundation Members

Tim Faith, President
Ford City PA

Sue Boggs Kittanning PA	Carol Trudgen Kittanning PA	Sue Torrance Kittanning PA	Steve Owen Templeton PA
Larry Graham Kittanning PA	Gloria Barker Kittanning PA	Carol Hickman Kittanning PA	Beverly Steffey Kittanning PA