



ARC MANOR

Addiction Recovery Center

200 OAK AVE. KITTANNING, PA

SUMMER 2010

OUR

MISSION:

ARC MANOR IS A NONPROFIT AGENCY THAT IS COMMITTED TO PREVENTION, INTERVENTION, AND TREATMENT OF ABUSE AND ADDICTION TO ALCOHOL AND OTHER DRUGS.

OUR MISSION IS TO PROVIDE AFFORDABLE, HIGH QUALITY, TIMELY SERVICES THAT ENHANCE THE QUALITY OF LIFE FOR INDIVIDUALS, FAMILIES AND THE COMMUNITY.

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ARC Manor is Open in Clarion!



ARC Manor has been licensed to be the drug and alcohol treatment provider for Clarion County and we have begun accepting clients July 1, 2010! Currently we are licensed to provide outpatient services which include evaluations, individual therapy and group therapy. As the client need grows

we will be expanding our service hours. The office is located in the Clarion Human Services Building on 214 S. 7th St. 2nd floor in Clarion, PA. Anyone needing more information or would like to make an appointment can call toll free to our main office in Kittanning at 1-800-323-1333. Best wishes to our new Clarion staff and clients!

Change is Good!

Amy Solman, (pictured at top) Senior Treatment Specialist, is leaving ARC Manor after 16 years for a position as the Director of Counseling Services at Geneva College in Beaver Falls, PA. Amy shared that her decision was difficult but she's excited about working in a college environment and being a part of the counseling center that is just opening. "ARC Manor has been my family away from home," she said. "I fully support ARC Manor's vision and think the organization has done and will continue to do an excellent job. That's why I've been here for so long!"

We will miss you Amy!!



Anna Shuster (pictured at bottom) has been with ARC Manor for the past 5 years as a Clinical Assistant, then a Treatment Specialist and was recently promoted to Clinical Assistant Supervisor. She is responsible for supervising the Clinical Assistant staff and making sure that the residential center runs smoothly. When asked about her new position, she responded, "The CA Staff works very hard to help the clients feel safe and comfortable here as they start their journey into recovery. It is a rewarding feeling when a client comes back and thanks ARC Manor and the CA's for helping them start their life over, clean and sober."

Don't be afraid of the space between your dreams and reality. If you can dream it, you can make it so.

- Belva Davis

STAFF ACCOMPLISHMENTS

Linda Courson completed her Certified Allied Addiction Practitioner recertification

Sheila Knell has earned Certified Addiction Counselor Diplomate distinction.

Jennifer Parsons has completed her training as a Certified Addictions Counselor.

Jill Pless has received her recertification as a Certified Addictions Counselor.

Anna Shuster has completed her Certified Co-Occurring Disorders Professional training.

Executive Director's Message

by: Cindy McCrea

For those of you that regularly receive the ARC Manor newsletter, you may have noticed that we did not send out a Spring, 2010 edition. First, I send out my apologies. Second, I will offer an explanation.

In early March of this year, I learned that there was an opportunity for ARC Manor to become a provider of treatment services to the Clarion County area. This was an exciting chance for ARC Manor to expand all of its quality treatment services beyond the scope of Armstrong County. Our Board and Staff jumped at the prospect of serving the residents of Clarion County. The "catch" was that our services would need to begin by July 1, 2010 in order to ensure that the residents of Clarion County did not experience a gap in treatment services.

So, at the time that I am normally focused on Spring newsletters, budgets, and end of the fiscal year reporting, I undertook a brand new adven-

ture that included: securing office space in the Clarion area; completing a licensing application for the proposed Clarion services; hiring and training staff to work in the Clarion offices; re-searching service needs for the Clarion area; meeting with many leaders in the Clarion area; and securing funding for treatment services. I can say that the last four months have been a whirlwind. I can also say, however, that ARC Manor successfully licensed and opened the Clarion site as of July 1, 2010. Our first clients were seen in the Clarion office on July 7th, and we have already seen the need to expand the days and hours that we are available at that site to meet the needs of the community.

I can't possibly list all of the individuals that were involved in making this opportunity turn into a reality, there are just too many. However, I need to thank the Board of Directors and the Staff of ARC Manor for having

the vision, the passion, and the energy to make immediate changes in order to meet the needs of a new community. I would like to thank the Armstrong-Indiana Drug & Alcohol Commission for the opportunity to become a provider for the Clarion area. Finally, I would like to thank the leaders, administrators, and human service providers of the Clarion County area for being receptive to ARC Manor as a treatment provider and for assisting with this transition.

I can assure everyone that the quality services that are offered at ARC Manor's main site in Kittanning and our Satellite office in Leechburg will continue. It is a pleasure and an honor to be able to bring these services to the residents of Clarion County. ARC Manor is growing and changing everyday to meet the needs of those who are touched by addiction.

To the readers of this newsletter, I thank you for being a part of that change!

Teen Volunteer Recognized

Brandon Harriger is a teen with a history of good behavior. He is a longtime volunteer with ARC Manor and the initiatives we support. Brandon began his volunteer work as a 7th grader on the CTC Youth Committee. This was a team of youth responsible for helping identify ways youth are at risk and activities that would help keep them drug and alcohol free. He was an active participant in the Armstrong Co. Reality Tour Drug Awareness Program, and had perfect attendance until after his graduation from the Law Enforcement Information Technology program at Lenape Technical School this year. He also represented the youth sector of the Drug Free Communities Coalition Board.

Harriger's record of volunteer service continued throughout his high school career. He is a junior firefighter and the first to begin membership at age 14, he assisted with the DA's ACT program online, assisted HAVIN with their food drive, and is a visible force in the youth program at the New Life Center A/G Church. This year he was the recipient of the 2010 Junior Volunteer Citizen of the Year Award given by the Armstrong Co. Chamber of Commerce, with recognition from Senator Don White, Representative Jeff Pyle, and The Armstrong Co. Commissioners. Brandon is now employed as a Armstrong Co. 911 dispatcher.



ARC Manor Prevention Specialist Kathy Velcko spoke about Harriger saying, "I always saw Brandon as a young man with lots of potential. It's hard for teens to see in themselves what is obvious to others. I never doubted that he would do something amazing with his life."

**Congratulations
Brandon!**

Mark Your Calendars

Armstrong
County
Reality Tour:

Tuesdays
at 6 p.m. at the
Armstrong Jail

Sept 14

Oct 12

Nov 9

ARC Manor and Reality Tour Program Receive The Superintendent's Award of Excellence



Pictured in photo left: Detective Robin Davis & Debby Fazekas receiving the award on behalf of the Armstrong Reality Tour.



Pictured in photo on right: Denise Marano receiving the award on behalf of ARC Manor.

On Thursday June 17th, 2010 Dr. William Kerr concluded his 12 year tenure at Armstrong School District. He expressed that his desire was to recognize the school leadership, school-community partners, and others who have been fully committed to the students on a daily basis. "These organizations and all the people who work for them have enriched the lives of children, youth and families in the Armstrong District and have served

as an example for all." Kerr said. The award plaques were presented at Lenape Elementary School library in front of 40 ASD teachers who were gathering for their monthly Character Education Study Group meeting, a professional development initiative under the leadership of Dr. Kerr. Awards were given in three categories including School-Community Partner Agencies where Reality Tour and ARC

Manor were recognized as providing a significant service to students through a unique partnership with the school district. Detective Robin Davis accepted the award on behalf of the Armstrong County District Attorney's office along with Debby Fazekas, Reality Tour Coordinator. Denise Marano accepted the award on behalf of ARC Manor. Many thanks to Dr. Kerr and we wish him good luck!!



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Liz White
ARC Manor Executive Director
Cindy McCrea MSW, LSW
ARC Manor Assistant Director
Jill Pless B.A., C.A.C.

Eligibility for ARC Manor programs is open to anyone who has a problem with alcohol or other drugs or is affected by substance abuse. No one is discriminated against on the basis of age, race, creed, sex, ethnicity, color, national origin, marital status, sexual orientation, handicap or religion. ARC Manor is licensed by the Bureau of Community Program Standards, Division of Drug and Alcohol Licensing, Pennsylvania Department of Health, and is funded by the Armstrong-Indiana Drug and Alcohol Commission through a grant from the Bureau of Drug and Alcohol Programs, Pennsylvania Department of Health, the Armstrong County United Way, the Armstrong County Commissioners through a grant from the Human Services Development Fund, private grants, fees, and community donations. This project is funded, in part under a contract with the Department of Health, Bureau of Drug and Alcohol Programs, Commonwealth of Pennsylvania and the Armstrong/Indiana Drug and Alcohol Commission, Inc. The department of Health, Bureau of Drug and Alcohol Programs and the Armstrong/Indiana Drug and Alcohol Commission, Inc. specifically disclaim responsibility for any analyses, interpretations, or conclusions herein. We regret any errors or omissions. Treatment statistics may contain errors due to data collection issues and electronic system capabilities.

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