

200 OAK AVENUE
KITTANNING, PA 16201

800-323-1333
724-548-7607

WWW.ARCMANOR.ORG

Our Mission:

ARC Manor is a non-profit agency that is committed to prevention, intervention, and treatment of abuse and addiction to alcohol and other drugs. Our mission is to provide affordable, high quality, timely services that enhance the quality of life for individuals, families, and the communities.

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ARC Manor 2011-2012 Annual Report

Transforming LIVES

2011—2012 Annual Report

Our Services:

- Confidential & Quality Services 24 hours a day
- Fully Licensed Residential, Partial Hospital, and Outpatient Treatment Programs
- Thirty-Eight Years of Experience in Alcohol and Drug Treatment
- Knowledge of the Needs of Special Populations Including: Co-occurring Disorders; Gambling Addiction; Criminal Offenders; Women; and Adolescents
- Targeted, Research-Based Alcohol and Drug Prevention and Outreach Programs
- Comprehensive Intervention and Outreach Services
- On-Site Buprenorphine Services for Opioid Dependence
- Professional, Qualified, & Certified Staff Members



Our Personnel:

Executive Team

Cynthia C. McCrea, MSW, LSW
Executive Director

Jill L. Pless, B.A., CADC
Assistant Director

Donald Goldstroh, B.S.
Chief Fiscal Officer

Anna Shuster, B.A., CCDP
Clinical Director

D. Jen Coller, B.S., CADC
Residential Supervisor

Cari-Marie Harmon, B.A., CADC
Outpatient Supervisor

Fiscal Staff

Janice Mechling
Susan Norris
Emily Batiz, B.A.

Clerical Staff

Linda Courson, CAAP
Jessica McDade, B.S.
Karie Smith
Melissa Whitfield

Treatment Specialists

Crista Boring, B.S.
David Chambers, B.A., CADC
Sara Conner, B.S.
Jennie Davidson, M.S., NCC
Amber Debalak, B.A., AACI
Jaime Harmon, M.S.W., AACII
Cory Moyta, M.A., NCC
Sara Niederriter, B.S.
Christopher Schiano, B.A.
Jerica Yanik, B.A.

Nurse Navigator

Lori Gehenio, B.S.N.

Outreach/Intervention

Denise Marano, MSW, APS II
Kathy Velcko, B.S.
Scott Patterson, B.A.

Clinical Assistants

Bradley Anderson, C.R.S.
Jana Cassel
Dana Grant
Carol Hodak, C.R.S.
Rebecca Miller, C.R.S.
Laurinda Strotman, C.R.S.
Kaitlyn Tarr
Valerie Young

Consultants

German Martinez-Eskenasy, M.D.
PBS Medical Associates
Samantha Geise, CRNP
John H. Soffiatti, M.D.
Clifford Vogan, M.D.



Executive Director's Message:

Once again, I have the opportunity to celebrate another year as a part of ARC Manor. Before you read further to hear about ARC Manor's accomplishments in the 2011-2012 fiscal year, I want you to STOP and take a minute to read through the names that appear within this Annual Report. Each of these names represents an amazing and dedicated individual that has devoted his or her time to the mission of ARC Manor.

As you read through the names of our Personnel, please recognize the number of new staff and positions that ARC Manor has added over the past year. 2011-2012 has been a year of growth

and change for ARC Manor and these names are representative of that fact. We have three new supervisors who have all made a significant commitment to ARC Manor over the years and I have had the pleasure of watching each one of them grow into strong leaders. We have a Nurse Navigator that represents the innovation that is occurring at ARC Manor and our ability to prepare our agency for the future changes in physical and behavioral health care. We have expanded our fiscal, clerical, treatment, and consulting staff to meet the growing needs of the communities we serve. Finally, we have adapted our longstanding prevention department to allow for a

wider range of Outreach into the communities.

As you read through the names of both ARC Manor's Board of Directors and the ARC Manor Foundation. Please know that each person represents a great deal of time, effort, and commitment to ARC Manor. They have shared the highs and lows of this year and have kept their sights on our ability to move forward.

This Annual Report is my opportunity to say thank you to every one of these names that you see. Together, we are the spirit, the vision, and the future of ARC Manor.

- Cindy McCrea

**"Alone we can do so little; together we can do so much."
-Helen Keller**

In Appreciation:

ARC Manor Board of Directors

Frank Shumaker, President—Deputy Sheriff, Armstrong County, Kittanning, PA

Beverly Steffey, Vice-President—Bookkeeper, Progressive Workshop, Kittanning, PA

Sheree Shafer, Secretary—CRNP, Children's Community Pediatrics, Kittanning, PA

Bradley Toy, Treasurer—Assistant Vice-President, F&M Bank, Kittanning, PA

Steve Bono, DDS, Immediate Past President—Dentist, Family Dentistry, Kittanning, PA

Linda Courson, Staff Representative—Administrative Assistant, ARC Manor, Kittanning, PA

Gretchen Dosch—Mayor, Applewold Borough, Kittanning, PA

Tim Lehner —Marketing Coordinator/Designer, ACMH Hospital, Rural Valley, PA

Donna Lucas—Retired, Allegheny County Port Authority, Freeport, PA

Chase McClister—Attorney, Kittanning, PA

Cynthia Rearick, Foundation Liaison,—Supervisor, Armstrong Co. Assistance Office, Kittanning, PA

James Veronesi—Director of Leadership Development, Kittanning, PA

Liz White—Secretary/Treasurer, White Enterprises, Kittanning, PA

*Thank you to Lynda Harasty, Pharmacist, Klingensmith's Pharmacy, Kittanning, PA who served on our Board during the 2011-2012 fiscal year

**ARC Manor wishes to recognize Peggy L. Reitler, who served on the Board of Directors in Fiscal Year 2011—2012 and left us too soon on February 12, 2012. We thank her family for sharing her with us. We strive to honor her spirit of kindness each day.

**"Sticks in a bundle are unbreakable."
-Kenyan Proverb**



Our Accomplishments:

Intervention Services

Through our 24 hour hotline serving both Armstrong & Clarion counties, ARC Manor responded to 860 crisis situations and completed an additional 1,579 screenings to engage clients in treatment in the 2011-2012 fiscal year.

ARC Manor has managed the DUI Program for the Armstrong County Court of Common Pleas for the past twenty-five years. In the 2011-2012 fiscal year, 208 evaluations were provided to people arrested for driving under the influence of alcohol or other substances and 247 individuals attended the Safe Driving Education Program.

Treatment Services

ARC Manor provides multiple treatment programs for individuals struggling with drug and alcohol abuse and addiction in both Armstrong & Clarion counties. Over the 2011-2012 fiscal year, the following numbers reflect the accomplishments for each program:

PROGRAM	# OF CLIENTS	# OF SERVICES
Residential	205	2,633 Days
Partial Hospital	164	2,029 Hours
Intensive Outpatient	134	994 Hours
Outpatient	360	2,387 Hours
Clarion Intensive Outpatient	91	572 Hours
Clarion Outpatient	248	1,591 Hours

Significant Events for Treatment Services

- ARC Manor achieved full licensure for all treatment services at the main Oak Avenue location in Kittanning and for the Clarion & Leechburg Satellite locations. The agency is licensed by the Bureau of Community Standards, Division of Drug and Alcohol Licensing, Pennsylvania Department of Health.
- ARC Manor's average score utilizing the Client Satisfaction Questionnaire was 29.47. This rating is well above the national standard for behavioral health care of 27.09.
- Results of contacting a sample of clients one month after discharge reveal that 68% were not using substances. At the six month mark, 61% of clients contacted reported continued abstinence.
- In fiscal year 2011—2012, ARC Manor worked in partnership with Children's Community Pediatrics (CCP), to provide Adolescent treatment services at the CCP offices throughout Armstrong County.
- In fiscal year 2011—2012, ARC Manor began providing Nurse Navigation services to clients who are active in treatment in order to assist clients in managing both their physical health and behavioral health needs.



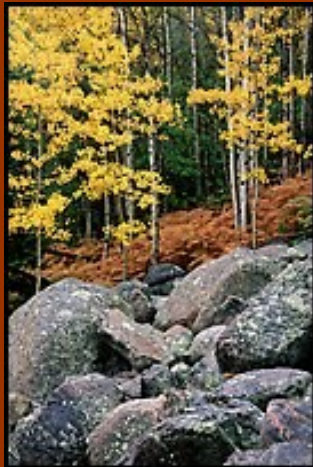
“Coming together is a beginning. Keeping together is progress. Working together is success.”

-Henry Ford



“Set your expectations high; find men and women whose integrity and values you respect; get their agreement on a course of action; and give them your ultimate trust.”

-John Fellows Akers



***“Individual
commitment to a
group effort— that is
what makes a team
work, a company
work, a society work,
a civilization work.”
-Vince Lombardi***



Our Accomplishments:

Prevention Services:

ARC Manor prevention programs are those based on research with evidence of their effectiveness. The following numbers reflect the accomplishments of the programs offered in the 2011-2012 fiscal year.

Too Good For Drugs	997 Students
Too Good For Drugs & Violence	52 Students

- ARC Manor’s prevention staff performed speaking engagements and alternative activities in the Armstrong County Community, and also provided assessments and referrals to the Underage Users Group throughout the community reaching 296 individuals.
- Tobacco prevention staff provided 267.5 hours of tobacco cessation, prevention, and education in Armstrong County.
- ARC Manor saw 225 youth and adults attend the Reality Tour © in the 2011-2012 fiscal year. The tour continues to have a strong impact in the community. ARC Manor thanks the many volunteers and community partners that make this program a success year after year.
- ARC Manor saw 152 attendees participate in the “Intro to Drugs: What Kids Don’t Want You to Know” presentations in Armstrong & Indiana County in 2011-2012. ARC Manor provided the Underage Users Group to 36 youth.
- In 2011-2012, Gambling Prevention services were also added to ARC Manor’s wide array of Prevention Programming and ARC Manor’s staff reached more than 10,000 attendees in a combination of speaking engagements, health fairs, and alternative activities.

ARC Manor’s Board of Directors recognizes the importance of Prevention & Outreach programming to the Communities that we serve. As ARC Manor’s mission statement suggests, ARC Manor remains committed to providing Prevention & Outreach services to the Armstrong, Clarion, and surrounding Counties.

In Appreciation:

ARC Manor Foundation Board of Directors

Tim Faith, President—Ford City, PA

Allen McCrea, Vice-President—Freeport, PA

Sue Torrance, Secretary—Kittanning, PA

Beverly Steffey, Treasurer—Kittanning, PA

Gloria Barker—Kittanning, PA

Sue Boggs—Kittanning, PA

Allen Lockard—Indiana, PA

Cynthia Rearick—Board Liaison—Kittanning, PA

*Welcome to Edward Young—Freeport, PA who will be joining the Foundation in the current Fiscal Year

Preferred Provider

ARC Manor is proud to be the recipient of the Preferred Provider Award for fiscal year 2011-2012. This award is given by the Armstrong/Indiana/Clarion Drug and Alcohol Commission annually based on the achievement of performance benchmarks throughout the fiscal year. This is ARC Manor’s sixth consecutive year of achieving the benchmarks required to attain this award.

Fiscal Year 2011-2012 — Financial Statement**-Revenue-**

Single County Authority		
Armstrong/Indiana/Clarion (includes PCCD, Prevention Gambling,, Tobacco, HRSA & Enhanced Funds)	\$	567,038
Other SCA's		8,314
Medical Assistance, Act 152		97,760
Client Fees		103,739
DUI Fees		65,685
Office of Vocational Rehabilitation		4,293
United Way		7,476
Human Service Development Fund		
Armstrong County		9,415
Value Behavioral Health		432,245
Medical Assistance (includes Community Care Behavioral Health)		119,303
Clarion Drug Court		35,528
Miscellaneous		26,296
Private Insurance		15,057
Act 198		17,347
Intermediate Punishment Program		3,200
Donations		1,525
Margaret Patton Grant		5,500
Reinvestment Plans		101,376
TOTAL REVENUE	\$	1,621,097

-Expenses-

Salaries	\$	852,007
Benefits		339,320
Staff Development		7,038
Meeting and Conference Expenses		1,950
Consultant Expenses		46,238
Occupancy Expenses		103,250
Insurance		4,936
Communications		44,650
Office Supplies		11,192
Minor Equipment & Furniture		7,799
Medical Supplies & Medications		21,236
Food		30,917
Program Supplies		50,747
Staff Travel		22,126
Client Transport		16,673
Purchased Client Oriented Services		61,898
Equipment Maintenance Expense		5,549
Motor Vehicle Maintenance Expense		5,418
Other Operating Expenses		20,895
TOTAL EXPENSES	\$	1,653,839

Financial statement as of September 7, 2012. This is an un-audited financial statement.

A full audit will be available upon completion.



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Non-Profit Org.
U.S. POSTAGE

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Kittanning, PA 16201
Permit No. 140

Eligibility for ARC Manor Programs is open to anyone who has a problem with alcohol and other drugs or is affected by substance abuse. No one is discriminated against on the basis of age, race, creed, sex, ethnicity, color, national origin, marital status, sexual orientation, handicap or religion.

ARC Manor is licensed by the Bureau of Community Program Standards, Division of Drug and Alcohol Licensing, Pennsylvania Department of Health, and is funded by the Armstrong-Indiana-Clarion Drug and Alcohol Commission through a grant from the Department of Drug and Alcohol Programs, Pennsylvania Department of Health, the Armstrong County United Way, the Armstrong County Commissioners through a grant from the Human Services Development Fund, private grants, fees, and community donations.

The Department of Health, Department of Drug and Alcohol Programs, Commonwealth of Pennsylvania and the Armstrong-Indiana-Clarion Drug and Alcohol Commission, Inc. specifically disclaim responsibility for any analyses, interpretations, or conclusions herein.