Eligibility for ARC Manor Programs is open to anyone who has a problem with alcohol and other drugs or is affected by substance abuse. No one is discriminated against on the basis of age, race, creed, sex, ethnicity, color, national origin, marital status, sexual orientation, handicap or religion.

ARC Manor is licensed by the Bureau of Community Program Standards, Division of Drug and Alcohol Licensing, Pennsylvania Department of Health, and is funded by the Armstrong-Indiana Drug and Alcohol Commission through a grant from the Bureau of Drug and Alcohol Programs, Pennsylvania Department of Health, the Armstrong County United Way, the Westmoreland County United Way, the Armstrong County Commissioners through a grant from the Human Services Development Fund, private grants, fees, and community donations.

The Department of Health, Bureau of Drug and Alcoholic Programs, Commonwealth of Pennsylvania and the Armstrong/Indiana Drug and Alcohol Commission, Inc. specifically disclaim responsibility for any analyses, interpretations, or conclusions herein.

Our Mission:
ARC Manor is a nonprofit agency that is committed to prevention, intervention, and treatment of abuse and addiction to alcohol and other drugs. Our mission is to provide quality, timely services that enhance the quality of life for individuals, families, and the community.

Our Services:
- Confidential & Quality Services 24 hours a day
- Fully Licensed Residential, Partial Hospital, and Outpatient Treatment Programs
- Over Thirty Years of Experience in Alcohol and Drug Treatment
- Knowledge of the Needs of Special Populations including: Co-occurring Disorders; Criminal Offenders; Women; and Adolescents
- Targeted, Research-Based Alcohol and Drug Prevention Programs
- Comprehensive Tobacco Prevention, Intervention, and Cessation Programs
- Buprenorphine Services for Opiate Dependence
- Professional, Qualified, & Certified Staff Members

Our Personnel:
Executive Team
Cynthia C. McCrea, MSW, LSW
Executive Director
Jill L. Pless, B.A., CAC
Assistant Director
Donald Goldbroder, B.S.
Chief Fiscal Officer
Michael Watson, M.S., AACH
Program Supervisor

Treatment Specialists
Amy Soloman, M.A., L.P.C., CAC
Senior Treatment Spec.
Jessica Arwood, M.S., AACH
Jessica Ausk, B.A.
Bonnie Dolan, B.A., CAC
Can-Mari Harmon, B.A., AACH
Steve Olcho, M.A.
Darla J. Parson, B.S.
Anna Shuster, B.A., AACH
Custodial Worker
Domestic Care
Consultants
Clinical Assistants

Prevention/Intervention
Denise Morrow, MSW, APS II
Kathy Veleko, B.S.
Robert French, B.S.
Rodney Miller, B.A.
Fred Neal, B.S.
Lisa Cown, CAAP
Anna Mieszko, CAAP
Scott Patterson, B.A.

The personnel listed above cannot always be present due to various reasons, including holiday breaks, sick leave, vacation, training, or other work-related reasons.
Executive Director’s Message

For many years, ARC Manor has used the tag-line “Transforming Lives” to describe the work that we do everyday. For anyone that has been touched by addiction, there is an awareness of the daily struggles and challenges individuals face to overcome the disease. Thankfully, many also know of the transformation that occurs when a person makes a commitment to recovery. As with any transformation, the process of recovery is gradual and no two people approach the process in the same manner. Much like a butterfly however, when the transformation does occur, it is brilliant, exciting, and opens a door to a brand new life.

As we look back over the past fiscal year, ARC Manor recognizes the transformations that have taken place. Through our treatment and intervention programs, we have seen clients come from many different areas, for many different reasons, and have watched them grow and progress through the process of recovery. We have seen many spread their wings and fly into a new life with new hope.

Through prevention, we have touched people of all ages and from all backgrounds. We have seen students develop awareness of the harms of addiction. We have seen parents recognize that they are an essential component in all prevention efforts. Finally, we have seen churches, schools, businesses, social services, healthcare organizations, and the community rally around our mission.

As an agency, we have all watched the transformation from one leader to the next. In the past 34 years of ARC Manor’s existence, this transformation has only occurred on three occasions. As with the transformation of a butterfly, a new leader takes time to grow, learn, and develop until finally finding a way to create something new and exciting.

ARC Manor has grown along with the field of addictions. The challenges of this field have changed over time and ARC Manor has always shown an ability to transform to meet the needs of the community. I look forward to continuing in this tradition, and I thank you for the support that you have given.

Thank you,

Cynthia C. McCrea, MSW, LSW
Executive Director

In Appreciation...

ARC Manor Board of Directors
Chase McClister, President—Attorney, Kittanning, PA
Steve Bono, DDS, Vice President—Dentist, Family Dentistry, Kittanning, PA
Frank Shumaker, Treasurer—Deputy Sheriff, Armstrong County, Kittanning, PA
Sheree Shafter, Secretary—Nurse Practitioner, Kittanning, PA
Bonnie Dulany—Treatment Specialist, ARC Manor, Kittanning, PA
Allen Lockard—CEO, Elderton State Bank, Elderton, PA
Mona Rupert—Vice-President of Clinical Services, ACMH, Kittanning, PA
Beverly Steffey—Bookkeeper, Progressive Workshop, Kittanning, PA
Rich Tinchlisi—Retired, United Mine Workers, Apollo, PA
Brian Trudgen—Attorney, Thorpe, Reed, & Armstrong, Pittsburgh, PA
Liz White—Secretary/Treasurer, White Enterprises, Kittanning, PA

Fiscal Year 2007 – 2008 Financial Statement

Revenue:

Single County Authority Armstrong/Indiana (includes PCCD & Enhanced Funds) $418,724
Other SCAs 12,450
Medical Assistance, Act 152, BHSI Funds 137,748
Client Fees 103,428
DUI Fees 95,444
Office of Vocational Rehabilitation 7,044
United Way 16,501
Human Service Development Fund Armstrong County 22,737
Value Behavioral Health 419,874
Medical Assistance 7,349
Miscellaneous 20,976
Private Insurance 7,133
Intermediate Punishment Programs 3,900
Act 198 23,358
Tobacco Control Program 29,986
CTC Grant 20,000
Donations 22,400
Margaret Patton Grant 5,900
TOTAL REVENUE 1,374,552

Expenses:

Salaries $726,926
Benefits 270,454
Staff Development 4,656
Meeting and Conference Expenses 1,579
Consultant Expenses 10,545
Occupancy Expenses 67,017
Insurance 5,531
Communications 36,222
Office Supplies 11,204
Minor Equipment and Furniture 525
Medical Supplies and Medications 39,560
Food 17,718
Program Supplies 41,115
Staff Travel 8,566
Client Transport 13,558
Purchased Client Oriented Services 73,560
Equipment Maintenance Expense 9,459
Motor Vehicle Maintenance Expense 4,350
Other Operating Expenses 12,222
Office Equipment Expenses 145
Client Oriented Fixed Assets 142
TOTAL EXPENSES 1,371,559

Financial statement as of August 20, 2008. This is an un-audited financial statement. A full audit will be available. One time donations of $352,126 are invested and not shown in this report.
Our Accomplishments

Intervention Services

Through our 24 hour hotline, ARC Manor responded to 1,505 crisis calls in the 2007-2008 fiscal year. An additional 207 people walked in off of the streets seeking help for their drug and alcohol problem. This is a 23% increase over the previous year.

ARC Manor has managed the DUI Program for the Armstrong County Court of Common Pleas for the past twenty-one years. In the 2007-2008 fiscal year, 350 evaluations were provided to people arrested for driving under the influence of alcohol or other substances and 348 offenders attended the Safe Driving Education Program.

Our Clients’ Transformations:

"I HAVE FAITH THAT RECOVERY IS POSSIBLE. THAT FAITH IS A TRANSFORMATION IN ITSELF"

"ONE OF THE BIGGEST THINGS I LOVE ABOUT STAYING CLEAN IS THAT MY FAMILY TRUSTS ME NOW. I HAVE PEACE WITHIN ME IN MY HEART & SOUL"

"I FEEL LIKE I HAVE MADE GREAT CHANGES, AND I STILL FEEL LIKE THERE IS MORE TO COME"

"RECOVERY FEELS DIFFERENT, BUT GOOD AT THE SAME TIME."

In Appreciation...

ARC Manor Foundation Board of Directors

Tim Faith, President—Ford City, PA
Steve Owen, Vice-President—Templeton, PA
Carol Trudgen, Treasurer—Kittanning, PA
Sue Torrence, Secretary—Kittanning, PA
Beverly Steffey, Board Liaison—Kittanning, PA
Sue Boggs—Kittanning, PA
Larry Grabano—Kittanning, PA
Gloria Barker—Kittanning, PA
Carol Hickman—Kittanning, PA

Our Accomplishments

Treatment Services:

ARC Manor provides four main treatment programs for people with drug and alcohol abuse and addiction problems. Over the 2007-2008 fiscal year, the following numbers reflect the accomplishments for each program:

<table>
<thead>
<tr>
<th>PROGRAM</th>
<th># OF CLIENTS</th>
<th># OF SERVICES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Residential</td>
<td>182</td>
<td>2,395 Days</td>
</tr>
<tr>
<td>Partial Hospital</td>
<td>146</td>
<td>5,312.75 Hours</td>
</tr>
<tr>
<td>Intensive Outpatient</td>
<td>173</td>
<td>5,743.25 Hours</td>
</tr>
<tr>
<td>Outpatient</td>
<td>686</td>
<td>6,924.75 Hours</td>
</tr>
</tbody>
</table>

Significant Events for Treatment Services

- All outpatient levels of care exceeded projections over fiscal year 2007-2008 indicating that we are reaching out to more people and retaining those individuals in treatment for longer periods of time.
- ARC Manor’s average score utilizing the Client Satisfaction Questionnaire was 28.94, exceeding the national standard.
- Results of contacting a sample of clients one month after discharge reveal that 70% report not using substances. At the six month mark, 59% report continued abstinence.
- ARC Manor achieved full licensure for all treatment services at the main Oak Avenue location in Kittanning and the Leechburg Satellite location. The agency is licensed by the Bureau of Community Standards, Division of Drug and Alcohol Licensing, Pennsylvania Department of Health.

Prevention Services

ARC Manor prevention programs are those based on research with evidence of their effectiveness. The following numbers reflect the accomplishments of the programs offered in the 2007-2008 fiscal year.

- Too Good For Drugs: 883 Students
- Too Good For Drugs & Violence: 101 Students
- Creating Lasting Family Connections: 34 Youth
- Creating Lasting Family Connections: 46 Parents

- Tobacco prevention staff provided 92.5 hours of tobacco cessation programs and 102.5 hours of tobacco prevention and education programs throughout Armstrong County.
- ARC Manor saw 322 youth and adults attend the Reality Tour© in the 2007-2008 fiscal year. This innovative program continues to touch attendees by presenting a glimpse into the life of a heroin addicted teen from arrest to imprisonment to overdose and then death. ARC Manor thanks the many volunteers and community partners that make this program a success.
- Through Summer Plunge and Summerfest events, prevention staff provided 219 attendees with drug and alcohol free recreational events.
- Over the 2007-2008 fiscal year, the Armstrong County Communities That Care (CTC) program held monthly Community Prevention Board Meetings. Four new members were recruited for this board and have attended trainings.