2018—2019 Annual Report

Our Services:

- Confidential & Quality Services 24 hours a day
- Fully Licensed Residential, Partial Hospital, Intensive Outpatient, and Outpatient Treatment, and Medication-Assisted Treatment Programs
- Forty-Five Years of Experience in Addiction Services
- Knowledge of the Needs of Special Populations Including: Co-occurring Physical & Behavioral Health; Criminal Offenders; Veterans; Women; and Adolescents
- Comprehensive Intervention and Outreach Services
- Professional, Qualified, & Certified Staff Members

Our Personnel:

Executive Team
Michael Watterson, Psy.D.-Executive Director
Connie Choncek, CPA, M.B.A.-Chief Fiscal Officer
Cari-Marie Harmon, B.A., CADC-Clinical Director

Administrative Assistant Staff
Chris Mohney, B.S.
Cheyenne McIntyre
Jenelle Killen
Breanna Hough
Marissa Laake

Intervention Staff
Scott Patterson, B.A.-DUI Coordinator
Jill Neiswonger, M.S.-CRN Evaluator and DUI Trainer

Medical Staff/Consultants
Clifford Vogan, M.D.
Grace McGorrian, M.D.

Treatment Specialists
Jerica Yanik, B.A., CADC
Mandy Moser, M.S., CAADC
Aysa Alwine, M.A.
Jody Mortimer, M.A., CCM, CAADC
Nicole Umbaugh, M.S.
Breanna Novick, M.A.

Nurse Navigator
Lori Gehenio, B.S.N., RN

Clinical Assistants
Laurinda Strotman, C.R.S.
Valerie Young, C.R.S.
Christina Griffin, C.R.S.
Autumn Elders
Stacey Cecconi, B.A.
Cassandra Lamison
Douglas Salyers, B.A.
This has been a year of growth, both for me professionally as well as for ARC Manor. We have expanded the residential center by adding three more beds, bringing our total to 13. This has given more access to care to those in our community that are seeking help for substance use. ARC Manor has also added the medication-assisted treatment program back to the Kittanning office, offering buprenorphine services to current clients in order to help sustain their recovery efforts. With this, the Nurse Navigator program has also been restarted. This wonderful program provides integrated care for clients who have mental health and/or physical health concerns in addition to substance use. ARC Manor also hosted an amazing fundraiser, with staff giving much of their own time and energy to help create a fun and extremely successful event. I want to thank the Board, staff, and community for their support in helping ARC Manor to move forward in a positive direction and for helping to make my first year as director an amazing experience.

ARC Manor Board of Directors
Liz White, President—Secretary/Treasurer, White Enterprises, Kittanning, PA
Sheree Shafer, Vice President—CRNP, Children’s Community Pediatrics, Kittanning, PA
Lee Walker, Treasurer—Registered Nurse, Kittanning, PA
Cynthia Rearick, Secretary—Retired, Rural Valley, PA
Tim Lehner—Marketing Coordinator/Designer, ACMH Hospital, Tarentum, PA
Jackie Peters—Armstrong CYF Supervisor, Pittsburgh, PA
Bradley Toy—Senior Vice-President, NexTier Bank Kittanning, PA
Jody Mortimer, Staff Representative—Treatment Specialist, ARC Manor, Kittanning, PA
Nina M. Fulton—School Counselor at Freeport Senior High School, Bell Township, PA
Dean Bryan—Behavior Specialist Consultant at Family Psychological, McGrann, PA
Gloria Carney—Recovery Ministries Coordinator at Salvation Army, Kittanning, PA
Peggy Jo Revay—Accountant at Community Guidance Center, Ford City, PA

Thank you to Cathy Slagle for serving on ARC Manor’s Board.

Never doubt that a small group of thoughtful, committed, citizens can change the world. Indeed, it is the only thing that ever has.
-Margaret Mead

I alone cannot change the world, but I can cast a stone across the waters to create many ripples.
-Mother Teresa
Our Accomplishments:

Intervention Services
ARC Manor's phone answers 24 hours a day, 7 days a week, offering the community a warm line service. In fiscal year, 2018—2019, ARC Manor completed 1,039 screenings to engage clients in treatment.

ARC Manor continues to manage the DUI Program for the Armstrong County Court of Common Pleas. In the 2018-2019 fiscal year, 290 evaluations were provided to people arrested for driving under the influence of alcohol or other substances and 220 individuals attended the Safe Driving Education Program.

Treatment Services
ARC Manor provided multiple treatment programs for individuals struggling with substance use disorders of any severity in our Kittanning, Leechburg, and South Bethlehem locations. Over the 2018-2019 fiscal year, the following numbers reflect the accomplishments for each program:

<table>
<thead>
<tr>
<th>PROGRAM</th>
<th># OF CLIENTS</th>
<th># OF SERVICES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Residential</td>
<td>152</td>
<td>2,973 Days</td>
</tr>
<tr>
<td>Kittanning Partial Hospital</td>
<td>71</td>
<td>2,788 Hours</td>
</tr>
<tr>
<td>Kittanning Intensive Outpatient</td>
<td>113</td>
<td>2,636 Hours</td>
</tr>
<tr>
<td>Kittanning Outpatient</td>
<td>322</td>
<td>2,683 Hours</td>
</tr>
<tr>
<td>Leechburg Outpatient</td>
<td>24</td>
<td>152 Hours</td>
</tr>
<tr>
<td>South Bethlehem Outpatient</td>
<td>0</td>
<td>0 Hours</td>
</tr>
<tr>
<td>Medication Assisted Treatment</td>
<td>6</td>
<td>7.5 Hours</td>
</tr>
</tbody>
</table>

Significant Events for Treatment Services

- ARC Manor achieved full licensure for all treatment services at the Oak Avenue location in Kittanning and at the Leechburg Satellite location. The agency is licensed by the Pennsylvania Department of Drug & Alcohol Programs, Division of Program Licensure.

- ARC Manor’s average score utilizing the Client Satisfaction Questionnaire was 30.01. This rating is well above the national standard for behavioral health care of 27.09. 80% of the respondents reported that they would refer friends to ARC Manor.

- ARC Manor expanded the residential capacity from 10 beds to 13 beds, allowing for improved access to care for those in the community that require inpatient treatment.

- ARC Manor’s Board of Directors approved the Medication Assisted Treatment program which started on 5/30/2019 and provides Buprenorphine for clients assessed and referred to the program in order to prevent relapse and support recovery efforts.

Though nobody can go back and make a new beginning, anyone can start over and make a new ending.

-Chico Xavier
# Fiscal Year 2018-2019— Financial Statement

## -Revenue-

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Single County Authority</td>
<td></td>
</tr>
<tr>
<td>Armstrong/Indiana/Clarion (includes PCCD, ACT 152, &amp; Enhanced Funds)</td>
<td>$137,306.54</td>
</tr>
<tr>
<td>Other SCA’s</td>
<td>34,968.00</td>
</tr>
<tr>
<td>Client Fees</td>
<td>31,163.55</td>
</tr>
<tr>
<td>United Way</td>
<td>3,484.50</td>
</tr>
<tr>
<td>Human Service Development Fund (Armstrong County)</td>
<td>8,755.00</td>
</tr>
<tr>
<td>Value Behavioral Health/Beacon Health Options</td>
<td>781,271.66</td>
</tr>
<tr>
<td>Community Care Behavioral Health &amp; Other Medical Assistance</td>
<td>24,790.22</td>
</tr>
<tr>
<td>Private Insurance</td>
<td>114,330.67</td>
</tr>
<tr>
<td>Intervention Income (Include Act 198)</td>
<td>85,565.95</td>
</tr>
<tr>
<td>Donations</td>
<td>16,557.75</td>
</tr>
<tr>
<td>Grants</td>
<td>15,000.00</td>
</tr>
<tr>
<td>Medical Assistance</td>
<td>1,004.15</td>
</tr>
<tr>
<td>Other Income</td>
<td>10,297.65</td>
</tr>
<tr>
<td>Fundraising Income</td>
<td>12,067.50</td>
</tr>
<tr>
<td>Interest</td>
<td>20.70</td>
</tr>
<tr>
<td><strong>TOTAL REVENUE</strong></td>
<td>$1,276,583.84</td>
</tr>
</tbody>
</table>

## -Expenses-

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salaries</td>
<td>$690,109.85</td>
</tr>
<tr>
<td>Benefits</td>
<td>266,228.97</td>
</tr>
<tr>
<td>MAT-Building Renovations Expenses</td>
<td>50,000.00</td>
</tr>
<tr>
<td>Depreciation Expense</td>
<td>9,445.50</td>
</tr>
<tr>
<td>Staff Development</td>
<td>6,202.30</td>
</tr>
<tr>
<td>Consultant Expenses</td>
<td>8,958.37</td>
</tr>
<tr>
<td>Occupancy Expenses</td>
<td>57,889.12</td>
</tr>
<tr>
<td>Insurance</td>
<td>10,024.53</td>
</tr>
<tr>
<td>Communications</td>
<td>21,967.99</td>
</tr>
<tr>
<td>Program Supplies</td>
<td>10,465.28</td>
</tr>
<tr>
<td>Purchased Client-Oriented Services</td>
<td>16,052.25</td>
</tr>
<tr>
<td>Client Transportation Expenses</td>
<td>10,765.59</td>
</tr>
<tr>
<td>Food Expense</td>
<td>38,952.41</td>
</tr>
<tr>
<td>Residential Expenses-Other</td>
<td>1,134.25</td>
</tr>
<tr>
<td>Medical Supplies and Drugs</td>
<td>6,349.56</td>
</tr>
<tr>
<td>Equipment Maintenance</td>
<td>56,843.32</td>
</tr>
<tr>
<td>Meeting Expense</td>
<td>365.17</td>
</tr>
<tr>
<td>Minor Equipment/Furniture</td>
<td>5,439.09</td>
</tr>
<tr>
<td>Office Supplies</td>
<td>3,699.19</td>
</tr>
<tr>
<td>Fundraising Expenses</td>
<td>2,275.39</td>
</tr>
<tr>
<td>Other Expenses</td>
<td>36,535.11</td>
</tr>
<tr>
<td>Staff Travel</td>
<td>4,773.86</td>
</tr>
<tr>
<td>Vehicle Maintenance Expense</td>
<td>3,114.63</td>
</tr>
<tr>
<td><strong>TOTAL EXPENSES</strong></td>
<td>$1,317,591.73</td>
</tr>
</tbody>
</table>

Other Unrealized Gain/Loss: -10,363.51

Financial statement as of September 6, 2019. This is an un-audited financial statement.
A full audit will be available upon completion.
Eligibility for ARC Manor Programs is open to anyone who has a problem with alcohol and other drugs or is impacted by substance abuse. No one is discriminated against on the basis of age, race, creed, sex, ethnicity, color, national origin, marital status, sexual orientation, handicap or religion.

ARC Manor’s priority populations include:

- Pregnant injection drug users,
- Pregnant substance abusers,
- Injection drug users,
- Individuals who have overdosed,
- Veterans,

All others: adolescents, co-occurring, clients with severe medical issues, and/or clients individually reviewed by the primary Case Manager and the Case Management Supervisor or Executive Director and deemed appropriate for priority population status.

ARC Manor is licensed by the Department of Drug and Alcohol Programs, Division of Program Licensing, and is funded, in part, under a contract with the Pennsylvania Department of Drug and Alcohol Programs. Basic data for use in this study were supplied by the Pennsylvania Department of Drug and Alcohol Programs, Harrisburg, Pennsylvania. DDAP takes no part in and is in no way responsible for any analyses interpretations or conclusions. ARC Manor is also funded in part by the Armstrong-Indiana-Clarion Drug and Alcohol Commission, the Armstrong County United Way, the Armstrong County Commissioners through a grant from the Human Services Development Fund, private grants, fees, and community donations.